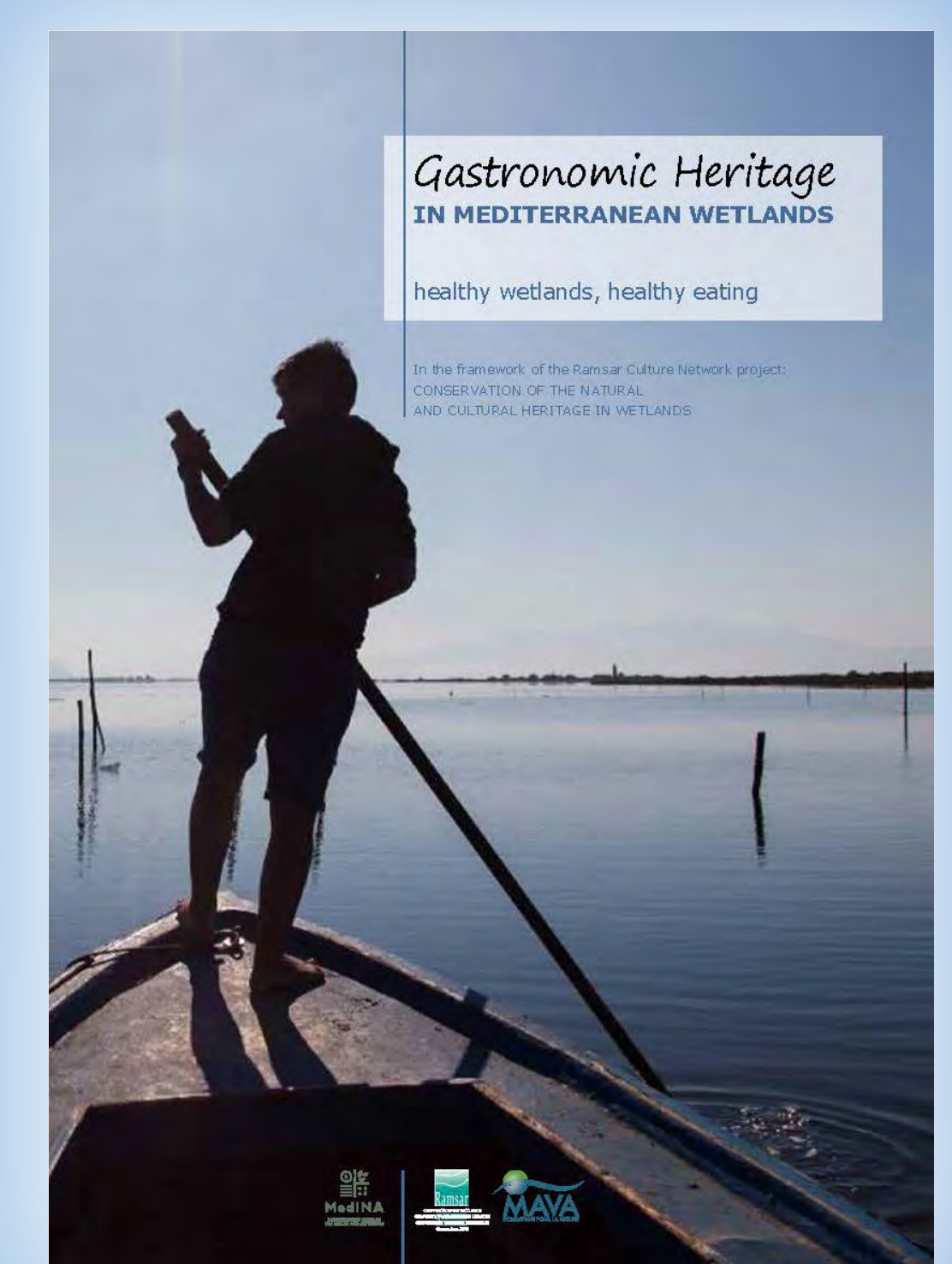


Cultural approaches to WISE USE OF WETLANDS - past, present and future المناهج الثقافية للاستخدام الحكيم للأراضي الرطبة - الماضي والحاضر والمستقبل Approches culturelles de l'UTILISATION RATIONNELLE DES ZONES HUMIDES - passées, présentes et futures Enfoque cultural al USO RACIONAL DE LOS HUMEDALES - pasado, presente y futuro

RAMSAR COP 13 - DUBAI, UNITED ARAB EMIRATES, 2018
مؤتمر الأطراف المتعاقدة COP 13، دبي، الإمارات العربية المتحدة 2018

Gastronomic Heritage IN MEDITERRANEAN WETLANDS healthy wetlands, healthy eating



RELATION TO DR ON CULTURAL VALUES INDIGENOUS PEOPLES AND LOCAL COMMUNITIES

The e-book was published in the framework of the project "Conservation of the natural and cultural heritage in wetlands". Its main objective was "to develop further projects on culture and wetlands in each Ramsar region that can act as an inspiration for other Contracting Parties, could be replicated in other regions and provide opportunities to enhance CEPA outcomes" and act as an example of the rich cultural diversity linked to wetlands across the world.

Types of cultural intervention / activities

Life exists because of water. The sites and recipes presented in this book are stories of water and life. It is a small but essential tool in the effort to record old and create new "memories", to feel the aromatic wetland blends, and to taste the flavour of their products. The material presented in this publication was collected –on a voluntarily basis– from people with diverse backgrounds who are associated with Mediterranean wetlands on many different levels; the book would not have been possible without their invaluable contribution and imaginative culinary abilities.

EVALUATION AND OUTCOMES

The purpose of this publication is:

- to promote the culinary heritage of Mediterranean wetlands
- encourage the incorporation of cultural values in the management of wetlands.

...in an attempt to:

- document the diachronic links of Mediterranean communities to wetlands,
- showcase how these links can be strengthened
- create better conditions for the sustainable use of these invaluable ecosystems.



BACKGROUND ORGANISATION INFORMATION



The Mediterranean Institute for Nature and Anthropos (MedINA) has been working at the interface of nature and culture since 2003. Its mission is to contribute to a harmonious relationship between Nature and Anthropos (Humankind), particularly in the Mediterranean Region, through research, action and public awareness raising.

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